



Resident of the Month

Loren Heusman

Loren was born and raised on a farm in Sterling Nebraska. He grew up with his two parents and four siblings. He said some of his favorite activities growing up were fishing, riding his bike and hunting. After he completed 8th grade, he worked at a canning factory until he was drafted for the Army in 1953 and fought in the Korean War. In 1965 Loren became a semi truck driver and retired 25 years later. Loren enjoys spending time with his nephew, Brett and his family and sitting outside on a warm day. Loren's favorite holiday is Christmas because everyone seems so happy.

Omaha Hickory HAPPENINGS DECEMBER

Upcoming Events

As the Christmas season draws near, it is always a delight to sit by a warm fireplace while singing some of our favorite Christmas songs!

At promptly 6pm there will be visits from the jolly ole' man himself, Santa! Don't forget your cameras!

Please join us for our "It's Christmas" Family Night on Monday, December 12th from 6 to 7:30pm.

At 6:30pm, Chaplain Laura and children from her church will be putting on a Christmas concert for all of us!

We will have hot chocolate, Christmas cookies, Christmas songs, and a warm fireplace to enjoy it all by!

Come to our Hickory location and join in on the Christmas fun!

Updates

We are having a friendly family holiday door decoration competition. The residents and their families that want to participate will get to decide on a fun theme and decorate their door for the holiday season! The doors need to be complete by December 11th.

The weather outside may be getting colder, but the laughs and love shared at our Hickory location is only getting warmer!

The residents stayed busy this past month!

We had amazing volunteers from Creighton Prep come visit on Veteran's Day which the residents truly enjoyed.

We also had wonderful entertainers come including one we haven't heard in awhile, Johnny Ray Gomez!



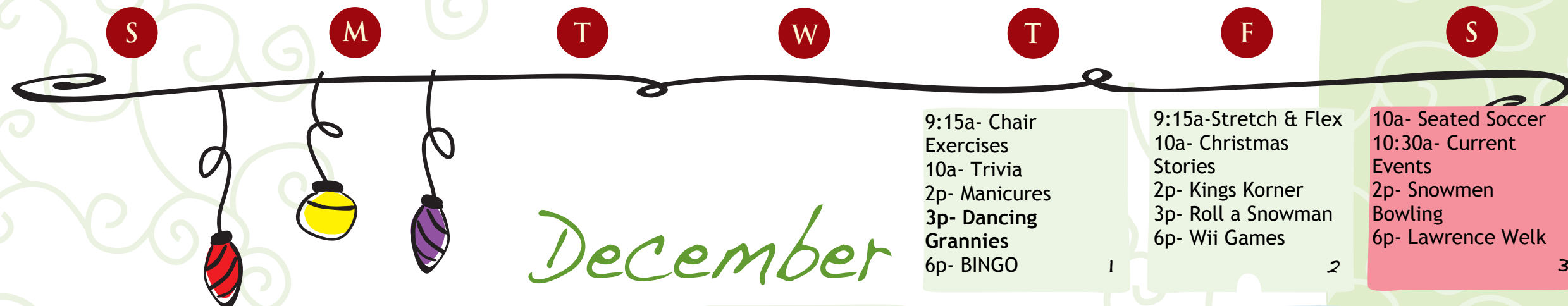
HAVE FUN!!

Resident Birthday's:

Connie Rodriguez- December 8th
 Ellen Powers- December 15th
 Esther Karnik- December 18th
 lone Wollberg- December 26th

Birthstone: Turquoise and Tanzanite
 Flower: Narcissus

Happy Birthday from your Bickford Family Members!!



December



10a- Chair Yoga
 10:30a- One Question- One Answer
 11a- Mass
 2p- Rocket Toss
 3:30p- Chaplain Ron 4

10a- Chair Exercises
 10:30a- Puzzle Fun
 11a- Mass
 2p- Bullseye Game
 3:30p- Chaplain Ron 11

10a- Sittercise
 10:30a- Kings Korner
 11a- Mass
 2p- Snowmen Bowling
 3:30p- Chaplain Ron 18

Merry Christmas
 9:15a- Jingle Bell Rock Work Out
 10a- Christmas Stories
 2p- Christmas Movie 25

9:15a- Sittercise
 10a- Create Christmas Cards
 2p- BINGO
 3:15p- Rosary
 6p- Christmas Movie 5

9:15a- Stretch & Flex
 10a- Current Events
 2p- BINGO
 6p- It's Christmas-Family Night 12

9:15a- Seated Soccer
 10a- Fun Facts about December
 2p-Elephant BINGO
 3:15p- Rosary
 6p-Christmas Movie 19

9:15a- Noodle Ball
 10a- Silver Bells Memory Game
 2p- BINGO
 6p- Christmas Movie 26

9:15a- Noodle Ball
 10a- Devotions
 1:30p- Christine-Singer
 3p- Tounge Twisters
 6p- John's Bible Study 6

9:15a- Seated Soccer
 10a- Devotions
 2p- Spelling Bee
 3p- Noodle Ball
 6p- John's Bible Study 13

9:15a- Chair Yoga
 10a- Devotions
 2p- Fontenelle Forest
 3p- Guess Who
 6p- Wrapping Presents 20

9:15a- Senior Motion
 10a- Devotions
 2p- Resident Council
 3p- Roll a snowman
 6p- John's Bible Study 27

9:15a- Senior Motion
 10a- Coffee Chums
 1:30p- Chaplain Laura
 3p- Popsicle Stick Mug
 6p- Wii Games 7

9:15a- senior Motion
 10a- Snack & Chat
 1:30p- Chaplain Laura
 3p- Decorate Christmas Cookies
 6p- Rocket Toss 14

9:15a- Senior Motion
 10a- Word Search
 1:30p- Chaplain Laura
 3p- Spelling Bee
 6p- Bean Bag Game 21

9:15a- Sittercise
 10a- Word Scramble
 1:30p- Chaplain Laura
 3p- Joy Bartling-Animal Therapy
 6p- Gator Ball 28

9:15a- Chair Exercises
 10a- Trivia
 2p- Manicures
 3p- Dancing Grannies
 6p- BINGO 1

9:15a- Simon Says
 10a- Silver Bells Memory Game
 2p- Naughty or Nice
 3p- Manicures
 6p- BINGO 8

9:15a- Sittercise
 10a- Christmas Word Scramble
 2p- Manicures
 3p- Monthly Birthday Party
 6p- BINGO 15

9:15a- Stretch & Flex
 10a- Chit Chat
 2p- Christmas Pictonary
 3p- Manicures
 6p- Elephant BINGO 22

9:15a- Chair Exercises
 10a- Make Snowman Grahams
 2p- Roll a Snowman
 3p- Manicures
 6p- BINGO 29

9:15a-Stretch & Flex
 10a- Christmas Stories
 2p- Kings Korner
 3p- Roll a Snowman
 6p- Wii Games 2

Winter Festival
 9:15a- Snowball Fight
 10a- Christmas Quiz
 2p- Aaron- Singer
 3p- Jingle Bell Toss
 6p- Snow Ball Dance 9

9:15a- Noodle Ball
 10a- Name-that-tune
 2p- Amy- Singer
 3p- Make Bird Seed Ornaments
 6p- Roll a Snowman 16

9:15a- Chair Exercises
 10a- Short Stories
 2p- Jim Ludvic-Guitarist
 3p- Pie and Coffee
 6p- Wii Games 23

9:15a- Chair Yoga
 10a- Coffee Chums
 2p- Horse Races
 3p- Make I Spy Sensory Bottles
 6p- Snowmen Bowling 30

10a- Seated Soccer
 10:30a- Current Events
 2p- Snowmen Bowling
 6p- Lawrence Welk 3

10a- Noodle Ball
 10:30a- Word Scramble
 2p- Make Snowmen
 6p- Lawrence Welk 10

10a- Chair Yoga
 10:30a- Silver Bells Memory Game
 2p- Make Hot Chocolate Ornaments
 6p- Lawrence Welk 17

10a- Snowball Fight
 10:30a- Holiday Memories
 2p- Jingle Bell Toss
 6p- Lawrence Welk 24

10a- Simon Says
 10:30a- Guess Who
 2p- Make Tea Light Snowmen
 6p- Lawrence Welk 31